

Scoping the evidence about Changing Places facilities.

A presentation to the NIHR School for Social Care Research
webinar series
15th September 2020

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About this presentation

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Context

Concerns about public toilets (RSPH 2019):

- 56% of the public limit their hydration over concerns about public toilets
- c1 in 5 limit leaving home because of concern about provision of toilets (loo leash)
- Rising to 2 in 5 for people with conditions requiring frequent toilet use
- Council cuts caused 1 in 7 public toilets to be closed between 2010-13,

Plus, concerns about toilet provision for specific groups (Slater & Jones 2018)



What are Changing Places Facilities?

Provide safe, dignified and hygienic facility for people with profound and multiple disabilities and their carers to use the toilet and get changed

- Standard disabled toilets are not suitable
- Additional space
- Additional equipment

Facilities registered: 1491



What are the costs of the Facilities?

Average cost of installing one in an NHS hospital is c£25-35k

Estimate that the cost of design, equipment and installation is less than £25,000 for a new building or one undergoing a material change of use.

Estimated cleaning costs <£1900 per year



Methods

In this scoping study we undertook to examine i) *what is known about the issue* and ii) *the likely demand* for these facilities by:



Examine what was already published about *Changing Places facilities* and likely levels of need



Calculate estimates of current population needs and projections of these



Listen to stakeholders about their perspectives on the topic via interviews – 10 interviews, people from organisations with knowledge of the issues; some had additional personal experience

Estimating population needs

Hogg J (2009) - Estimated there were potentially 223,798 - 230,25 people in the UK

Key data sources

- **Older people with 2 ADLs in the community and people living with learning disabilities:**
 - *PSSRU 2017-based OP and YA macrosimulation models: They are based on the base case projections in the CPEC aggregate model which assume constant prevalence rates of ADL disabilities by age and gender in the projected years.*
- **Multiple Sclerosis**
 - Mackenzie, I. S., Morant, S. V., Bloomfield, G. A., MacDonald, T. M., & O'riordan, J. (2014). Incidence and prevalence of multiple sclerosis in the UK 1990–2010: a descriptive study in the General Practice Research Database. *J Neurol Neurosurg Psychiatry*, 85(1), 76-84.
- **Stroke**
 - King, D., Wittenberg, R., Patel, A., Quayyum, Z., Berdunov, V. and Knapp, M., 2020. *The future incidence, prevalence and costs of stroke in the UK. Age and ageing*, 49(2), pp.277-282.

Updated population calculations

Conditions	2009 report	Current (2019) estimations
People with profound intellectual & multiple disabilities	30,328-36,782	222,638
Cerebral palsy	30,947	-
Spina Bifida	8,000	6,675
Motor neuron disease	500	2,300
Multiple Sclerosis	8,500	12,700
Stroke with incontinence	<i>Under older population</i>	6,669
Acquired brain injury through trauma	13,437	-
Nursing & Residential Homes	116,695	291,403
Older people living with their family	15,391	
Total (approximately)	223,798 - 230,252	542,385

Updated population calculations

Projected number of people with ADLs or learning disability, 2017-2030, England				
	2017	2020	2025	2030
Older people (65+) with two ADLs	291,403	315,867	349,377	391,105
Younger adults (18-64) with learning disability, critical + substantial + 50% moderate needs	222,638	264,733	297,534	335,308
Younger adults (18-64) with learning disability, critical + substantial	222,638	257,452	283,062	312,913
Projected number of older people in the community with 2 ADL disabilities				
	2018	2023	2028	2033
Older people (65+) with two ADLs	267,800	292,239	324,398	363,692
Projected number of people in the community with Multiple Sclerosis				
	2014	2020	2025	2030
Projected number of people with Multiple sclerosis that would use changing places facilities	12,700	14,600	16,481	18,553

Updated population calculations

Projections of future numbers of stroke incidence in UK			
	2015	2025	2035
Projections of future numbers of stroke incidence in UK:	117,000	148,700	186,000
Projections of stroke incidence in UK between people aged 40 to 69 years old:	44,460	56,506	70,680
Projections of stroke incidence in UK between people aged 40 to 69 that will experience continence problem a year after a stroke:	6,669	8,475	10,602

Findings from Stakeholders (i)

Stakeholders told us:

- Too few suitable toilets away from home can limit inclusive options for people needing them and can increase loneliness/isolation
- And can stop people going to important appointments e.g. for social or health care, housing, etc.
- Even if people attend these meetings, they limit the time they attend

“Without Changing Places toilets my daughter’s life is going to be very much narrowed as she grows”

“The lack of Changing Places toilets facilities is a huge factor in accessing hospitals and GP surgeries.”

“We have to give the gift of freedom of choice to disabled people”

Findings from Stakeholders (ii)

Stakeholders confirmed:

- There are issues of hygiene and health from having poor facilities
- People do try to manage their need for away from home facilities e.g. dehydrating or using medication
- Intervention to have a urinary catheter fitted was also reported
- Stigma is also an issue

“On many an occasion, I had to change my daughter on the floor of the toilet. If it was dirty, I was forced to compromise her dignity and privacy and change wherever I deemed clean enough”

The current situation

2020 Government's response to the consultation on Changing Places facilities:

- “The Government is committed to increasing the provision of changing places toilet facilities across England within the built environment as a part of its wider strategy for increasing the quality of accessibility.”
- Changes to be made to planning regulations to mandate facilities in places of a range of venues including places assembly, large retail areas, hospitals, primary care centres, etc.



Ministry of Housing,
Communities &
Local Government

The Government's response to the
consultation on changing places toilets

The current situation

COVID-19

Coronavirus outbreak

Closure of public toilets causing anxiety, distress and frustration across UK

Guardian investigation and survey also finds situation is causing significant health risk


- [Coronavirus - latest updates](#)
- [See all our coronavirus coverage](#)

Libby Brooks *Scotland correspondent*

Wed 10 Jun 2020 16.04 BST

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▲ 'It could be a long hot stinking summer': readers have described their frustration at public toilet closures.
Photograph: Paul Marriott/Alamy Stock Photo

Thank you

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