



**Matt Bushell, Team Manager**

**The Autistic Spectrum  
Conditions (ASC) Team**

**NIHR SSCR Capacity-building Webinar  
28 July 2020**

## **Areas covered:**

***Personal aims***

***Previous experience***

***Applying***

***Support***

# **Personal aims**



## ***Building research capacity in social care:***

***hypothesis – much of what we do in social care we have always done without sufficient evidence base. Can we afford to keep doing this?***

***Personally I wish to be a social care researcher within a social care department; to be an example for others of what is possible ..***

# Personal Aims (2)



## **Becoming a social care researcher**

- There are very few social care practitioners who manage research in their operations
- I believe that with greater qualifications I can complete this role (My BC bid is about a Research qualification and role backfill)
- I work in a field where we very much need research – neurodevelopmental difference
- It was at an autism research conference I met Martin Knapp and he suggested BC

# Applying for Building Capacity



- I was fortunate in that because of organisational changes I was supervised for a year by a Director (this is three levels above what would be normally); so talked round a key stakeholder into the idea of this
- This Director is now in charge of KCC adults and this fits his road map of evidenced-based practice and innovation
- I applied with the most excellent help from the NIHR RDS

# Previous experience



- 25 years in KCC; 20 as a social worker and social work manager
- Worked in support of every adults client group
- Run a 30 strong social care team for adults with autism
- Designed world first LA enablement service for autistic adults
- Research experience within 3 projects in next slides

# Interreg



EUROPEAN UNION

## 2 Seas Mers Zeeën

# ENSURE

European Regional Development Fund

- <http://www.healthandeuropecentre.nhs.uk/home-3/projects/current-projects-2/ensure-everybody-counts-vulnerable-people/>

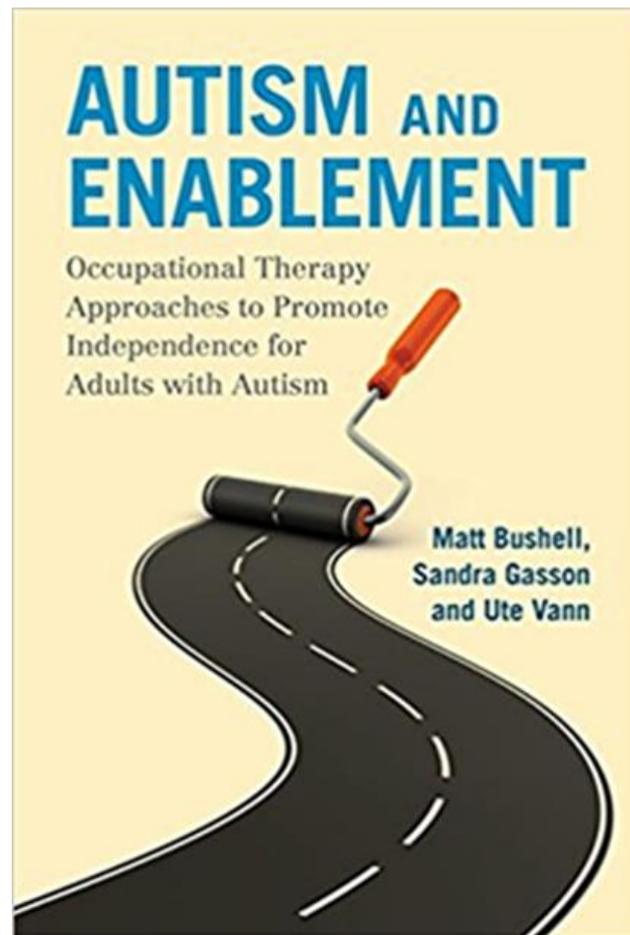
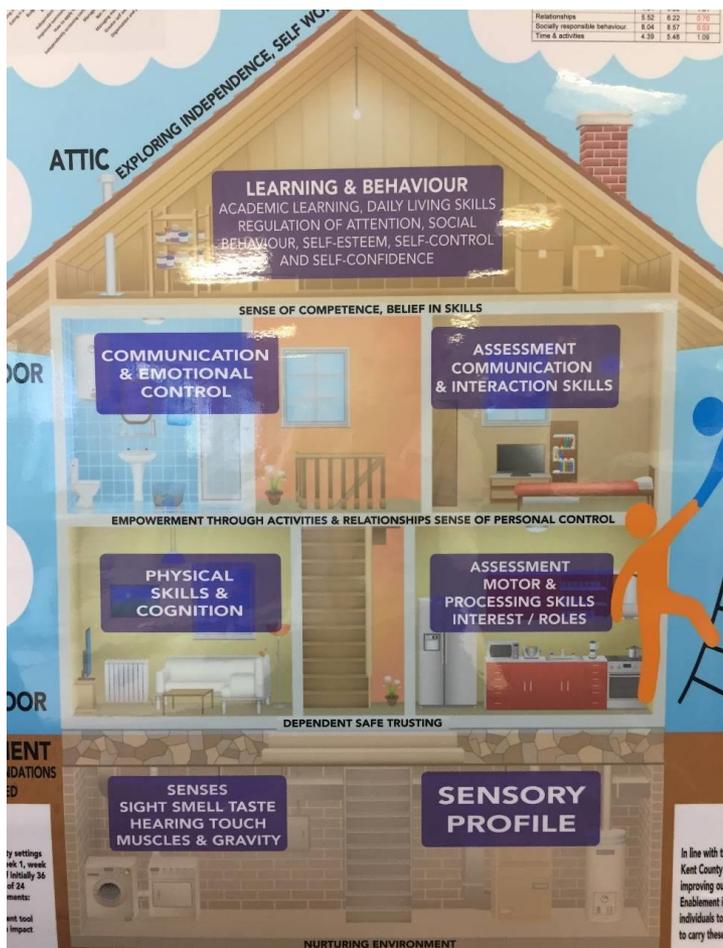
# Specialist ASC Enablement Social Care Research

The Journey:

Team Inception  
Pilot Phases  
Research project  
Research Team  
Participants  
Time frames



# Enablement Research outputs



# Whole systems research bid

- Working with Public Health, Tizard Centre UKC and Health to design a whole system pathway for systems to talk to each other
- Once complete, we intend to seek funding to run a research project to see from an autistic adults point of view 'what helps' to live well? As many traditional offers of health and social care support are said to be unhelpful (by our clients in focus groups).

## ***Building research capacity in social care:***

The NIHR and UKC have been an excellent help to me so far. So was the RDS. KCC needs a mention also in that they have signed up for me to try and get a career in KCC social care doing research.

I think it is entirely possible for me to be paid 5 days a week through research projects and still support KCC adults team consultatively and through implementing good practice

**Contact Details:**

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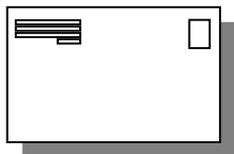
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# Questions

